

Services Menu

No matter your skill level, you will leave Yada Yada Yoga's sessions feeling restored, balanced and energized!

Service	Description	Price
Yoga (60 min, 90 min)	De-stress with a yoga workout what will relax and re-energize you. All types of yoga available for all levels and group sizes (hatha, vinyasa, iyengar, ashtanga, ansura, shadow, etc) <i>Available in-flat or on the beach...sunrise to sunset</i>	\$175 (base price) \$220 (90min)
Mat Pilates (60 min)	Get a full body workout focusing on deep core muscle with Pilates. <i>Available in-flat or on the beach...sunrise to sunset</i>	\$155
Personal Trainer (60 min, 90 min)	No matter your level we will find the perfect trainer for you! (Marathon Training, Weights/Cardio, Run along the beach, etc.) <i>Available in-flat or on the beach...sunrise to sunset</i>	\$175 (base price) \$225 (90min)
Hike the Hollywood Hills	Whether you want to see the view or get a workout, let our skilled trainers take you hiking through trails all over the city. Call for location options (e.g. Hollywood sign, Malibu, Temescal Canyon)	\$180/hr
Nutritionist (Phone Consultation)	Consultations available in-person & over the phone	\$250 (\$195 over the phone)

*Please note: Prices may vary based on the duration and type of service

*All prices are based on an individual, please ask about group rates.

***There is a 24 hr cancellation policy.**